

LGBTIQ+ Support Organisations

Health and Welfare



Queensland Council for LGBTI Health

- Sexual Health
- Trans Health & Many Genders, One Voice
- Mental Health
- Alcohol & Other Drugs
- LGBTI Seniors
- 2 Spirits (Promoting Aboriginal & Torres Strait Islander Communities)
- Training Facilitation



Diverse Voices

Diverse Voices is a Queensland based non-profit organisation with a focus on the wellbeing of the diverse voices that make up our community. Their focus is on the operation of a peer-to-peer telephone and internet counselling service. They operate in collaboration with our national partners QLife and the National LGBTI Health Alliance

To contact the Diverse Voices/QLife Helpline call 1800 184 527. This service operates between 3pm and Midnight 365 days. For administrative and **non-peer support** related calls please phone our office during the hours of 9am-5pm on 0402 109 337

Note: This number is the administration and office line only. At no time will a telephone peer counsellor be available on this number. For the counselling line call 1800 184 527

Alternatively for administration enquiries you can email us at info@diversevoices.org.au

Please note that we do not provide counselling via email. For web chat counselling please visit [www.qlife.org.au](http://www qlife.org.au) between 3pm-12 Midnight.



Relationship Australia, Rainbow Services

The Rainbow Program is a collection of RAQ service provisions, striving to support the mental health and wellbeing of people of diverse bodies, genders and sexualities, including lesbian, gay, bisexual, transgender & intersex (LGBTI) people, as well as those questioning their gender identity or sexual orientation. This includes:

- The Rainbow Counselling Service; and
- The Transcendence Social and Emotional Support Group.

They also support the families, allies and practitioners who, in turn, support those identifying as LGBTI or questioning.



True - Relationships and Reproductive Health

True have clinics throughout Queensland which provide reproductive and sexual health services as well as workforce development through education programs. True's work includes relationships and sexuality education programs, child-safety programs, and counselling for people who have experienced sexual abuse. They also provide LGBTIQ+ inclusive education to school employees.



LGBTIQ+ Health Australia

LGBTIQ+ Health Australia is the national peak health organisation in Australia for organisations and individuals that provide health-related programs, services and research focused on lesbian, gay, bisexual, transgender, and intersex people (LGBTI) and other sexuality, gender, and bodily diverse people and communities.



QLife

QLife is a nationally oriented counselling and referral service for people who are lesbian, gay, bisexual, trans, and/or intersex (LGBTI). QLife provides nation-wide, early intervention, peer supported telephone and web-based services to people of all ages across the full breadth of people's bodies, genders, relationships, sexualities, and lived experiences.

QLife is contactable on 1800 184 527 between 3pm and 12am everyday.



HOLDSWORTH HOUSE
MEDICAL PRACTICE

Holdsworth House Brisbane

Holdsworth House Medical Brisbane is a comprehensive GP Medical Practice conveniently located in Fortitude Valley. Our practice offers a wide range of services including sexual health and an experienced team of doctors.



The Centre For Human Potential (CFHP)

The Centre For Human Potential is a Brisbane psychologist practice that has been supporting people to reach their potential through effective counselling techniques since 2007. They are specialists in mental health for LGBTI Communities.



Queensland Positive People
HELPING, EDUCATING AND BEING HELPED

Queensland Positive People

QPP is a peer-based advocacy organisation which is committed to peer support, health promotion and treatment information, advocacy, and community HIV education and prevention.



PLFAG+ (Parents and Friends of Lesbian and Gays)

PFLAG+ is a peer support group that assists families and friends understand their lesbian, gay, bisexual and tran (LGBTIQ) love ones. PFLAG+ also support LGBTIQ+ youth who are in fear they may be/or have been abandoned by family.

Youth



Open Doors Youth Service

Open Doors Youth Service provides support to young people with diverse genders, sex and sexualities. They support young people who identify as Lesbian, Gay, Bisexual, Transgender, Intersex, Queer, Asexual, Pansexual, Sistergirl or Brotherboy (LGBTIQAP+ Sistergirl & Brotherboy) aged 12-24 across Southeast Queensland. If you are located out of Southeast Queensland they can still try to provide support to link you in with safe and inclusive services in your area.

Open Doors Youth Service is Queensland's leading LGBTIQAP+ youth homelessness service, working with young people who are at risk of/are disengaging with community and are at risk of/are experiencing homelessness.



QSPACE (Gold Coast)

QSpace is a social support group for young people aged 12-17. It is an opportunity for young people to come together and socialise, as well as explore various issues that they face in their everyday lives. Specific programs as well as casual activities are offered.

QPlus is a social support group for young people aged 18-25. QPlus is a gathering of gender diverse, sexually and romantically diverse, intersex and questioning young people and includes social events, skill sharing, and community exploration.

Queensland Children's Gender Service



Queensland Childrens Gender Service

The Queensland Children's Gender Service (QCGS) sits within the integrated Child & Youth Mental Health Service providing specialist outpatient care at Queensland Children's Hospital and state wide through telehealth and local partnerships. The aim of the QCGS is to improve the health, wellbeing and function of Queensland children diverse in gender identity through affirmative, family focused, interdisciplinary assessment and specialist care.



Queensland Human Rights Commission - Trans at School

This resource has been developed in partnership between the LGBTI Legal Service, Legal Aid Queensland and the Queensland Human Rights Commission, in consultation with the Queensland Children's Gender Service, young people, parents and educators. This guide is for schools and provides guidance on matters that arise in the school environment. The trans@school guide for educators and the companion resource for trans and gender diverse students are available at:



Student Wellbeing Hub

Student Wellbeing Hub provides information and resources to help the whole school community to create and maintain a safe, supportive and respectful learning environment. Their topics relate to all school students from Foundation through to Year 12.

They also assist Parents to help their child have a safe and positive experience at school and Educators to help create respectful and supportive teaching and learning communities that promote student safety and wellbeing.

Intersex People



Intersex Human Rights Australia

Intersex Human Rights Australia is a national not-for-profit company by and for people born with variations of sex characteristics. They were formerly known as OII Australia. They promote human rights, health and bodily autonomy.



Intersex Peer Support Australia

Intersex Peer Support Australia provide peer support between people with any intersex variation throughout Australia.

Domestic and Family Violence



DVConnect

DVConnect can assist any LGBTIQ+ people who are experiencing domestic, family or sexual violence



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Another Closet

This website is for LGBTIQ people in relationships who are or may be experiencing domestic and family violence. It contains information on what domestic and family violence is, what to do if you are experiencing abuse, suggestions on making a safety plan, and details for some referral options in NSW.

It also has information for supporting a friend or family member who is experiencing abuse.



Say It Out Loud

Say it Out Loud encourages people from LGBTIQ communities to start talking about their relationships.



LGBTQ DV Awareness Foundation

The LGBTQ Domestic Violence Awareness Foundation was established with the purpose of:

- Helping end domestic, family and intimate partner violence and abuse (DFV) within LGBTQ communities, by increasing visibility through an annual awareness campaign.
- Advocating for and supporting the empowerment of LGBTQ victims and survivors of DFV.
- Collaborating with other organisations to help reduce barriers to reporting violence, accessing support services and creating safe and inclusive experiences for LGBTQ victims and survivors of DFV.

- Providing targeted information and resources to support workplaces, educational institutions and the broader community observe annual LGBTQ Domestic Violence Awareness Day campaigns.

Transgender and Gender Diverse People



Many Genders One Voice

Many Genders One Voice is a Trans, Gender Diverse, Non-Binary social and support group. The group was founded in 2011 in direct response to the stigma and discrimination Transgender and Gender Diverse people were facing when trying to access gender affirming care. Over time the group has evolved from a health action group to a leadership, social and support group.



Australian Transgender Support Association of Queensland

This not-for-profit non-government organisation (NGO) is run by transgender people to provide a confidential support service with three basic aims:

- Provide consultancy and support for the transgender community, their families and friends
- Provide an education service to the wider community on transgender identity and issues
- Liaise with government on policy issues and practices affecting the transgender community.

Membership is open to people who have changed their gender role or who intend to change their gender role in the near future and/or are in a recognised gender reassignment.

Older People



SILVER RAINBOW

Silver Rainbow

Silver Rainbow provides national coordination and support activities promoting the well-being of LGBTI elders and the ongoing delivery of the LGBTI awareness training to the aged care sector



Queensland Council for LGBTI Health

The Seniors Community Visiting Service matches trained volunteer visitors with Lesbian, Gay, Bisexual, Intersex, Queer, Sistergirl and Brotherboy senior clients who feel alone or isolated from their community due to health, mobility or other issues.

The service supports clients to stay connected with others through having regular contact with their visitor for conversation, social connection and/or outings. It operates alongside but not in place of other in-home care and support services that clients might receive or be looking to access



Uniting

Uniting are passionate about helping people lead happy, healthy lives. Uniting celebrates diversity of ability, age, ethnicity, faith, sexual orientation, intersex variation and/or gender identity and welcomes everyone, exactly as they are.

Uniting was the first faith-based aged care organisation in Australia to be officially recognised as LGBTI friendly and we received Rainbow Tick Accreditation in 2015.

In 2018, Uniting was reaccredited with the Rainbow Tick for over 240 services across:

- Residential aged care
- Home and community care
- Retirement and independent living
- Local Area Coordination of disability services



My Aged Care

- Finding LGBTI inclusive home care
- Aged care for LGBTI elders

Legal Services



Queensland Human Rights Commission

The Commission provides a complaint resolution service for complaints falling under the *Anti-Discrimination Act 1991* and the *Human Rights Act 2019*. This process is free, and a person does not need a lawyer to make a complaint. However, many people seek legal advice about making or responding to a complaint. Complaints can be made about the following breaches of the Anti-Discrimination Act:

- Discrimination;
- Sexual harassment;
- Unlawful requests for information;
- Public vilification;
- Victimising another person because they have previously made or been involved in a complaint about a breach of the Anti-Discrimination Act; or
- Encouraging or requesting someone to breach the Anti-Discrimination Act.



LGBTI Legal Service

The LGBTI Legal Service offers **free** and **confidential** legal advice to Queensland residents who identify as members of the diverse **lesbian, gay, bisexual, trans** and **intersex** community.

Consultations are held in-person at our [Fortitude Valley office](#), via telephone or via videoconference for clients who live outside of Brisbane. To ensure a solicitor who specialises in your type of legal issue is available, please telephone Client Services on [\(07\) 3124 7160](#) to book an appointment

First Nations Peoples



Queensland Council for LGBTI Health – Two Spirits Program

As one of Queensland's largest health and HIV organisations, we are committed to actively making welcome all people who access our programs and services. It is our responsibility to ensure that every member of our diverse Aboriginal and Torres Strait Islander Lesbian, Gay, Bisexual, Transgender, Intersex, Queer, Sistergirl and Brotherboy Communities feel safe, valued, represented and appropriately supported to co-design, deliver, access, monitor and evaluate our programs and spaces.

We commit to achieving this goal through shared values and principles, including listening, respect, honesty, transparency and trust.

For more information about our 2Spirits Program:

Postal Address: PO Box 1372 Eagle Farm BC QLD 4009

Phone: 07 3017 1777 or Free call: 1800 177 434

Email: 2Spirits@quac.org.au



Yarns Heal

Yarns heal is a suicide prevention campaign for the Aboriginal and Torres Strait Islander and LGBTIQ+ Sistergirl and Brotherboy community, it's about sharing stories and reaching out to loved ones and Community Cultural Connectors when times are tough. Yarns Heal aims to strengthen peer support systems so Aboriginal and Torres Strait Islander and LGBTIQ+ Sistergirl and Brotherboy community can access help in culturally safe ways that nurture cultural healing, love and hope.



Gar'ban'djee'lum Network

Gar'ban'djee'lum is a Brisbane-based, independent social and support network for Aboriginal & Torres Strait Islander people with diverse genders, bodies, sexualities and relationships. The group was established in 1997 to provide a social avenue for Aboriginal and Torres Strait Islander gay, lesbian, bisexual and transgender (GLBT) people to meet in a supportive, culturally appropriate environment with other GLBT people and their families and friends. Since its establishment, the group has evolved into a network that provides a safe space of belonging for Aboriginal & Torres Strait Islander people with diverse genders, bodies, sexualities and relationships that is peer based and culturally supportive.

Indigilez Women's
Leadership and Support Group
www.indigilez.org



Indigilez

IndigiLez Leadership and Support Group formed in 2008 and has since become one of Queensland's prominent social support group for Aboriginal and Torres Strait Islander lesbians and same sex attracted women. Founders Rebecca Johnson and Tanya Quakawoot have implemented and developed culturally safe programs for the empowerment of Aboriginal and Torres Strait Islander women.

Culturally and Linguistically Diverse People



Ethnic LGBT+

This is a space intended to provide ethnic LGBT+ people with the resources to help them navigate the specific challenges they may face in coming out to their families and to provide them with a supportive ethnic LGBT+ network.